

7.5" overall width

NO COLOR

Directions: Adults, for best results drink 8 fl. ounces of water or other liquid with this bar.

**TAMPER RESISTANT: DO NOT USE IF FOIL WRAPPER IS TORN OR MISSING.**

### Nutrition Facts

Serving Size 1 Bar (100g)

Amount Per Serving

**Calories** 370

Calories from Fat 50

%Daily Value\*

**Total Fat** 6g

Saturated Fat 2.5g

Trans Fat 0g

**Cholesterol** 25mg

**Sodium** 190mg

**Potassium** 550mg

**Total Carbohydrate** 50g

Dietary Fiber 2g

Sugars 25g

**Protein** 28g

Vitamin A 50%

Vitamin C 50%

Calcium 40%

Iron 50%

Vitamin E 50%

Thiamin 50%

Riboflavin 50%

Niacin 50%

Vitamin B-6 50%

Folic Acid 50%

Vitamin B-12 60%

Biotin 50%

Pantothenic Acid 50%

Phosphorus 25%

Iodine 50%

Magnesium 6%

Zinc 50%

Copper 50%

\* Percent Daily Values (DV) are based on a 2,000 calorie diet.

# MET-Rx

# BIG 100

Meal Replacement Bar

## CHOCOLATE CHIP COOKIE DOUGH

Naturally Flavored

Net Wt. 3.52 oz. (100 g)

Includes  
Metamysyn<sup>®</sup> Protein!

**28g** **0g**  
**PROTEIN** **TRANS FAT**

**INGREDIENTS:** Corn Syrup, METAMYSYN<sup>®</sup> V100 Protein Blend (Milk Protein Concentrate, Calcium Sodium Caseinate, Whey Protein Isolate, Whey Protein Concentrate, Dried Egg White, L-Glutamine), Brown Rice Syrup, Whey Crisps (Whey Protein Concentrate, Corn Starch), Milk Chocolate Drops (Sugar, Whole Milk Powder, Chocolate Liquor, Cocoa Butter, Milk Fat, Soy Lecithin, Natural Vanilla Flavor), Glycerin, Natural Flavor, Crystalline Fructose, Canola Oil, Maltodextrin, Water, Potassium Chloride, Vitamin and Mineral Blend (Ascorbic Acid, Ferrous Fumarate, Tricalcium Phosphate, d-alpha Tocopheryl Acetate, Niacinamide, Zinc Oxide, Copper Gluconate, d-Calcium Pantothenate, Vitamin A Palmitate, Pyridoxine Hydrochloride, Thiamin Mononitrate, Riboflavin, Folic Acid, Biotin, Potassium Iodide, Cyanocobalamin), Soy Lecithin, Wheat Germ, Peanut Flour, Almond Meal.

Manufactured in the USA for MET-Rx USA, Inc., Boca Raton, FL 33487 ©2007

Questions? Call toll free 1-800-55-MET-Rx

To learn more, please go to [www.MET-Rx.com](http://www.MET-Rx.com)



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Part No. 18-45858 02C

NO COLOR

6" overall height

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